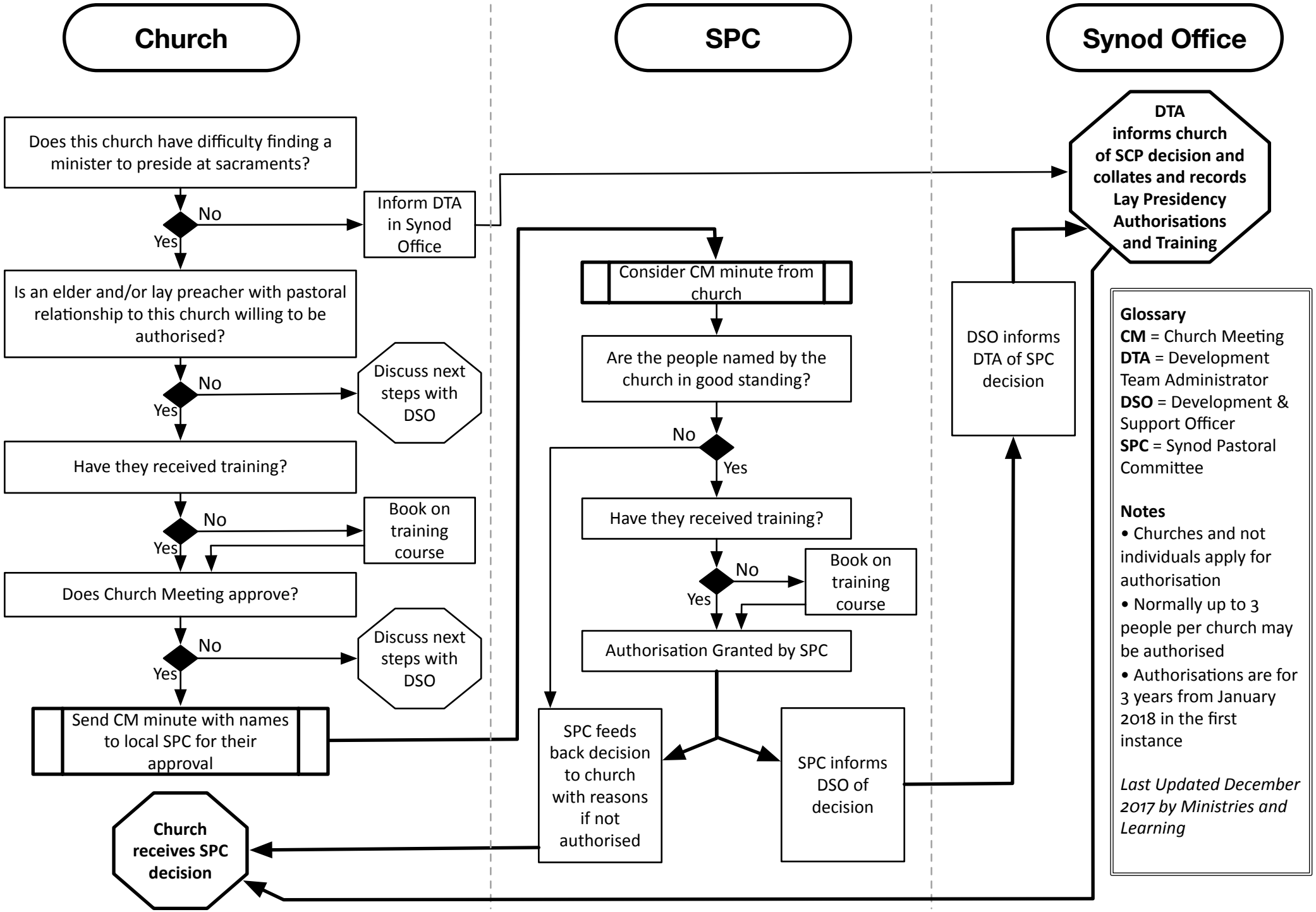Wessex Synod Procedure for Authorisation of Elders and Lay Preachers as Lay Presidents at the Sacraments