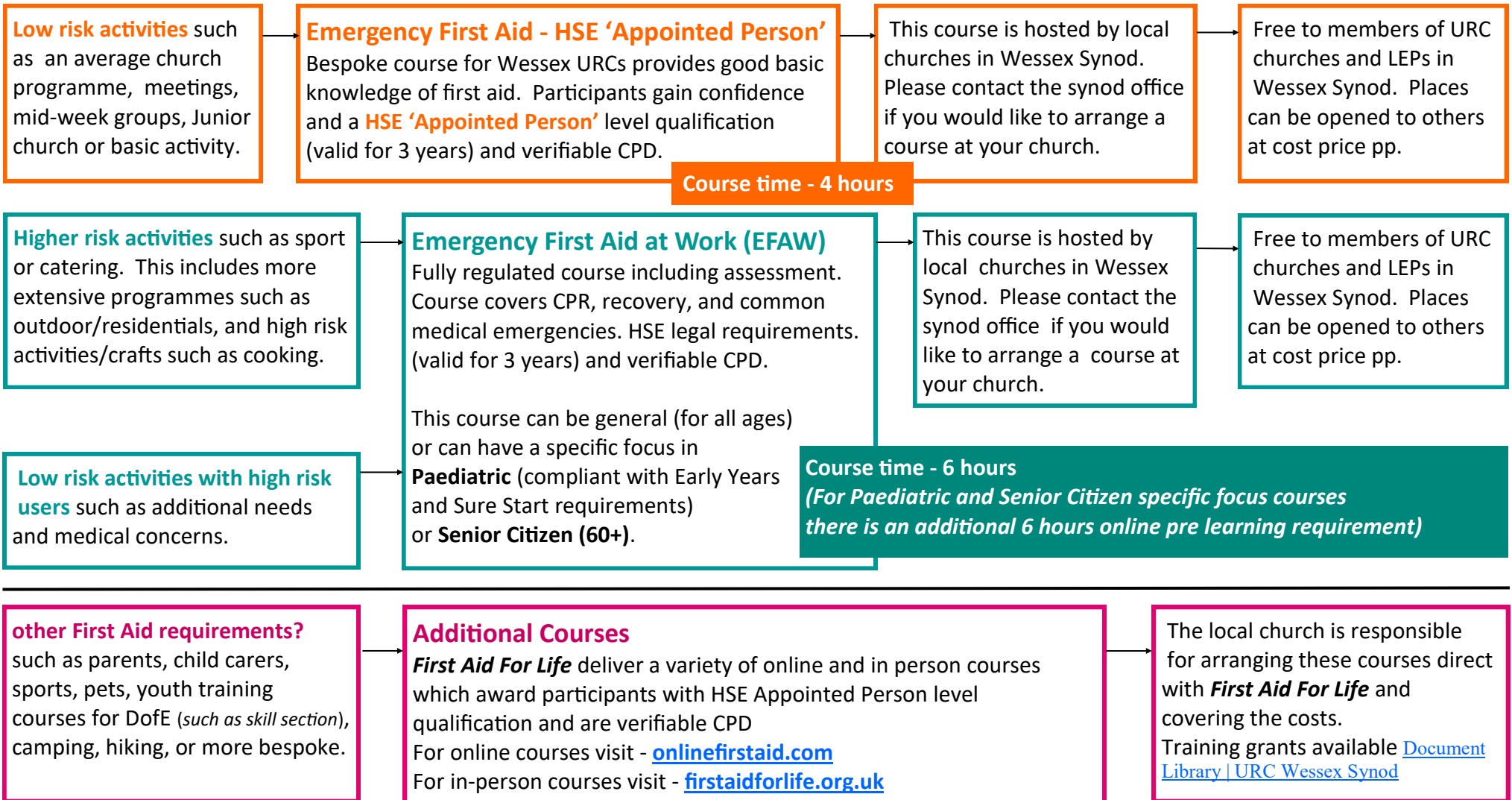


First Aid Training - Flow Chart



Churches have a responsibility to ensure that there is adequate provision of first aiders at all their programmes. A recommended baseline ratio is 1-50 (for everyone present), being increased subject the adequate Risk Assessments for the premises, activity and user groups. Churches should check with their insurance providers and other governing bodies (such as Ofsted, HR advisors if an employer) to identify their legal requirements for having Health & Safety Executive (HSE) 'Appointed Person' level qualified AND/OR Emergency First Aid at Work (EFAW) level qualified personnel. Below is a flow chart to help churches in Wessex Synod consider the appropriate level of training through our training provider **First Aid For Life**.



URC Wessex Synod works in partnership with *First Aid For Life* to provide:

Emergency First Aid HSE 'Appointed Person' level

- Dealing with an emergency
- Unresponsive and breathing child and adult (Recovery position)
- Unresponsive and not breathing body, child and adult (CPR)
- Breaks, sprains and strains
- Head injury
- Bleeding and wounds
- Nosebleed
- Burns
- Severe allergic reaction
- Fever and febrile seizures
- Seizures
- Choking baby, child and adult
- Swallowed something harmful
- Shock
- Asthma
- Diabetic emergency - hypoglycaemia
- First Aid Kits
- Brief overview of accident recording, reporting and administering medication

Course time - 4 hours



Emergency First Aid At Work (EFAW) - First Aider qualification

- Dealing with an emergency
- Unresponsive and breathing baby, child and adult, including consideration for suspected spinal injury (Recovery position)
- Unresponsive and not breathing baby, child and adult (CPR)
- AED (Automated External Defibrillator)
- Bone, muscle and joint injuries
- Head injury
- Bleeding and wounds
- Burns
- Severe allergic reaction and administering EpiPen
- Fever and febrile seizures
- Seizures
- Choking baby, child and adult
- Objects in the ears and nose
- Shock
- Asthma
- Diabetic emergency—hypoglycaemia
- Harmful substances
- Heat exhaustion
- Hypothermia
- First aid kits
- Brief overview of accident recording, reporting and administering medication

Please advise if you require the course to provide a specific paediatric or senior citizens (60+) focus.

Course time - 6 hours
(For Paediatric and Senior Citizen specific focus courses
there is an additional 6 hours online pre learning requirement)

Further information about First Aid at Work

First Aid at Work, Your Questions Answered
<http://www.hse.gov.uk/pubns/indg214.pdf>

Selecting a First Aid Provider, a guide for Employers
<http://www.hse.gov.uk/pubns/geis3.pdf>
including selecting an appropriate course.

Feedback on *First Aid For Life* Courses:

'The online training was excellent'

'A busy but constructive day.
The Tutor was friendly and informative.
Plenty of practical work as well'

'The Trainer was excellent and went
at a suitable pace for learning
to be absorbed'

'The practical session and face to face
training was most useful'

'Completing the online session enabled
us to relate to the in person session
and practical activities better'